Book Review

Clinical Neurology Made Easy
by Author: H V Srinivas
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“Clinical Neurology made easy” is indeed like a breath of fresh air for the early medical students and medical practitioners. The author Dr. H V Srinivas is a well-known senior clinical neurologist and the imprints of this hard core clinician are much evident throughout the book. He begins by introducing the fact that clinical neurological examination is easy to perform and not necessarily time consuming. He goes on to elaborate on the appropriate place of investigations and the principles of therapy, giving minimum medicines and discusses how to treat the patient with the disease and not the disease alone. Thus for the reader, some very relevant issues are dealt with in the initial encounter with the book itself.

This book has been organized in an interesting format. The important points in history and examination of neurologically ill patients have been initially discussed, followed by chapters which deal with sets of clinical problems. For example, neck pain and arm pain, which are common in clinical practice, find a place in this book. The chapters cover areas of neurology encountered in outpatient clinics as well as inpatient settings. Dr. Srinivas has used tables liberally and effectively, packing a lot of information. He also deals with which investigations to do, and which not to do in given settings, which is very helpful to the clinicians of the modern times, as investigations presently abound. A book can not cover everything and it would have been useful to have chapters dealing with higher mental functions in more details as these problems are increasingly seen in the consulting rooms.

This book is a welcome addition and the real place of this book is on the physician’s table; as a quick reference to help him as he deals with neurological problems.

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