Environment related illness as we commonly understand, includes problems likely to be encountered in the air, on the ground, or in the water, like altitude illness, envenomation, smoke inhalation, poisonous plant ingestion, cold injuries, heat stroke and scores of the other potentially serious disorders. In recent years, outdoor sports have become increasingly popular and humans are stretching their limits of endurance, with many taking part in adventure sports. As the venturesome from many nations share the excitement of testing their limits, so will many thousand experience injury and illness related to adventure sports and trekking in the wild. The primary care physician is often confronted with unpredictable adventure activity related injuries and needs access to description and therapeutic guidelines and uncommon disorders.

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