Psoriasis – Optimizing Therapeutic Response
by Dr. Hasmukh Shroff, Dr. Hemangi Jerajani, Dr. Shehnaz Arsiwala, Dr. Meghana Phiske,
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The book, Psoriasis – Optimizing Therapeutic Response, by Dr Hasmukh Shroff, Dr Hemangi Jerajani, Dr Shehnaz Arsiwala and Dr Meghana Phiske, gives a precise overview of common and often persistent and chronic skin disorder, leading to multiple doctor visits and self experimentation by patients. The authors have given a detailed description of eitiopathogenesis, clinical features, investigations required and treatment choices. Different modalities of treatment from topical agents, phototherapy, systemic medications and place of biologics in therapy are discussed. Different clinical variants are illustrated with original pictures that give clear idea to reader about dermatological, ophthalmic and joint manifestation of the disease. Routine investigations required for diagnosis and therapeutic monitoring are described and place for specific investigations like skin biopsy and radiological tests is explained with images. Guidance is given about role of topical and phototherapy with “before” and “after” images and explanations for limitations and contra-indications of each. Systemic therapies from steroids, methotraxate, reinoids to immune-modulators and biologics are discussed with mention of required monitoring. Each chapter has easy to read tables and summarized with key points in the end. Overall the book has potential to guide dermatologists, physicians, students and even patients about understanding this complex subject. The authors have simplified the difficult and detailed topic with the use of pictures, images, tables and key points.

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