Book Review

Neurological Practice - An Indian Perspective

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Prof. Wadia is one of the founding peers of neurology not only in India but in the tropics. For almost close to 5 decades he has very carefully studied with astute detail what is truly Indian in manifestations of the nervous system. He has also mentored several students who are now taking his clinical legacy to the next generation technology savvy nerve specialists armoured with fancy drugs. This master piece is illustrates how art of medicine merges with science of medicine. An ardent observer and sound record keeper allowed him to conduct quality research in a resource poor but clinically fertile environment from the corridors of the 4th floor of Government’s Sir JJ Group of Hospitals and Grant Medical College prior to his shifting to high-tech Jaslok Hospital.

The book presents an exhaustive exposition of the prevalence and management of neurological disorders in India. It comprehensively covers various infections – viral, bacterial, prions and parasitic. It also covers epilepsy, vascular diseases, degenerative and environmental diseases, nutritional deficiency disorders, paediatric neurology, imaging of CNS infections, and other disorders of the nervous system. Each chapter begins with a short historical account of the disease, followed by a critical evaluation of the epidemiological and/or hospital based data. This is then compared with the data of other global populations. A clinical description of the disease is then presented and variations in India from the standard description are highlighted. The chapter then, discusses the related pathology, basic mechanism and patient management, and suitably emphasizes the specific variations in India.

This book would serve as a reference text for residents and clinicians in neurology, neuroradiology, neuropathology as well as for neurosurgeons. I feel every physician should have this masterpiece which shows all of us how disorders are studied in the Indian context.

Shashank R Joshi
Hon. Editor