Book Review

Manual of Clinical and Practical Medicine
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This is a manual written by Senior Eminent Physicians who are renowned for their excellent clinical skills. Their vast academic experience has been incorporated in preparing this book targeted towards medical students preparing for medical practicals. Medical education today requires a student to read and remember a great deal of information in various subjects leading him to spend more time in the library than in medical wards. As the main aim of students is to get through the examinations and the common entrance tests, the essence of medicine that is history taking and bedside clinical examination often takes a back seat.

This manual offers a concise review of clinical methods. The four cardinal systems – respiratory, cardiovascular, nervous system and gastrointestinal system are covered with detailed history taking, clinical examination and discussion of relevant clinical cases which will help a student for presentation and case discussion during examination. Clinical cases in specialities like nephrology, endocrinology and metabolism, hematology, oncology and rheumatology have been discussed with relevant clinical photographs.

The book covers topics of table viva like radiology, ECGs and procedures with illustrations and photographs. There is an exclusive chapter on commonly asked oral viva questions with model answers. The chapter on medical emergencies outlines clinical features, investigations and treatment of commonly encountered emergencies. Cardiopulmonary resuscitation has been illustrated by photographs.

The manual has many illustrations and tables which will enable a student to remember the relevant information. A chapter on nutritional assessment and therapeutic diets in various diseases is also included.

This comprehensive book by master teachers is definitely recommended for all undergraduate students and academic medical institute libraries.

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