Book Review

Clinical Cases and Pearls in Medicine
Editor: Dr. G.S. Sainani • Publ. Health Sciences, 2015

In a little less than 450 pages Dr. Sainani has packed in the hand book “Clinical Cases and Pearls” 203 clinical cases, 309 illustrations, supplemented with pearls. A remarkable achievement. It is akin to packed DNA in the tiny cell nucleus. The book is in essence a distillate of the author’s vast experience as a teacher and as an examiner.

The clinical cases cover a whole gamut of cases from a day to day condition like anaemia to some rare neurologic disorders. The basic format is simple, a brief introduction of the disorder followed by salient clinical features, (essential) investigations, and outline of management. Of necessity details are not provided. This is in consonance with the purpose of the book i.e. to prepare for the practicals with a quick revision, so as not to forget important points. It can also be used by students as a quick reference while examining patients. Details the student is expected to (have) read from the text-book(s).

The production is of high quality. Lay out is pleasant, easy on the eyes and illustrations of good high and clarity.

All in all the book meets the authors stated purpose. Are there any short comings ? Yes, a few printer’s devil and omission of the latest in therapeutics (therapeutics is a moving target, and no book can be absolutely updated).

“Clinical cases and pearls” should prove useful and popular with the students.

Reviewed by
Dr. V.R. Joshi
Director, Research Department, P. D. Hinduja National Hospital and MRC, Veer Savarkar Marg, Mahim, Mumbai 400 016